



Secrets Worth Sharing Wrapped

March 2023-2024



It's been a year since I launched this platform on approachable conversations on childhood sexual abuse with 'serious joy'.



There are cards for saying no, for a variety of reasons.

NOPE!
I don't want to talk about this right now.

NOPE!
This is not relevant to me.

NOPE!
I would like to talk about this, but at another time.

NOPE!
I need a moment to myself.

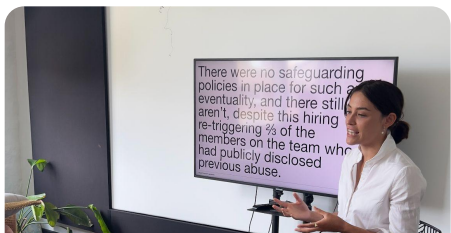
What would help you to have a better conversation about childhood sexual abuse?

A better understanding of how to make the other person feel comfortable and safe.

Who would you most like to talk to about child sexual abuse? Why?

Family friends who are parents.

Do's and Don'ts for talking about Childhood S*xual Ab*se





Disclosing Child Sexual Abuse

with Sophia Luu & Jeremy Indika

Podcasts & Videos



**Dating
Someone who experienced
Child Sexual Abuse**

with Sophia Luu & Michael Tigchelaar



**Deafness
& Child Sexual Abuse**

with Sophia Luu & Sabian Muhammad



**Cultural Sensitivity
& Child Sexual Abuse**

with Sophia Luu & Dr Anujavahinie Sunatharamoorthy



**Disclosing
Child Sexual Abuse**

with Sophia Luu & Jeremy Indika



**Vietnamese Language
& Child Sexual Abuse**

with Sophia Luu & Rachel An Yu



**Institutions
& Child Sexual Abuse**

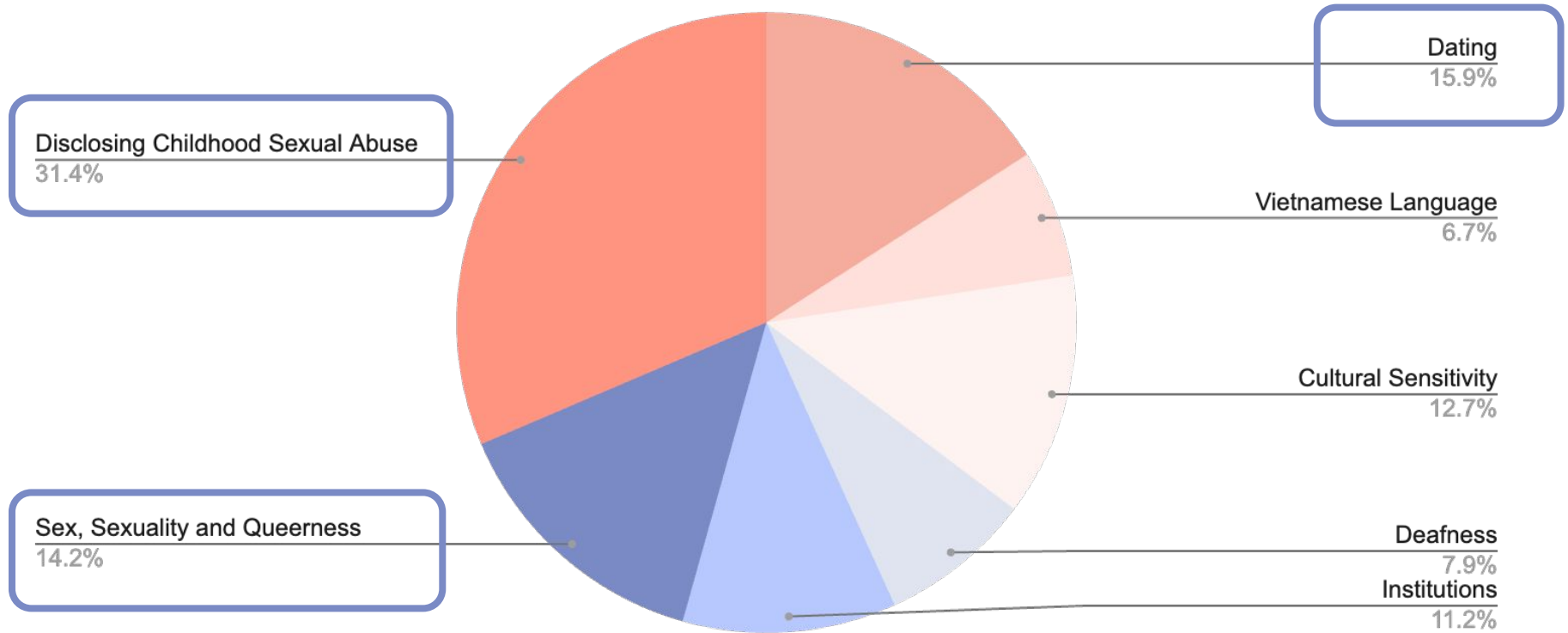
with Sophia Luu & Wren Knight

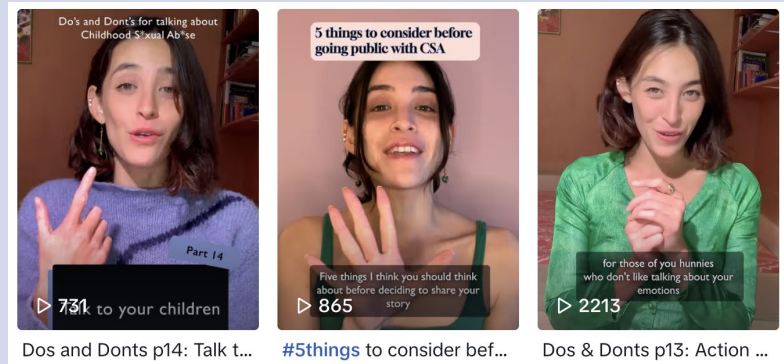


**Sex, Sexuality &
Queerness**

with Sophia Luu & Dr Ray O'Neill

1425 Listens (Youtube and Spotify)





Social Media

Youtube: 56

Tiktok: 289

Instagram: 653



secretsworthsharing_

Secrets Worth Sharing

Edit profile

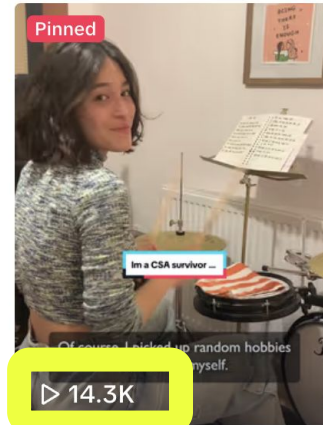
48 Following 289 Followers 3003 Likes

Approachable conversations about childhood s*x ab*se
www.secretsworthsharing.com

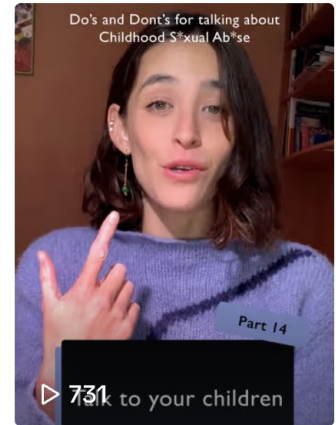
Videos

Favorites

Liked

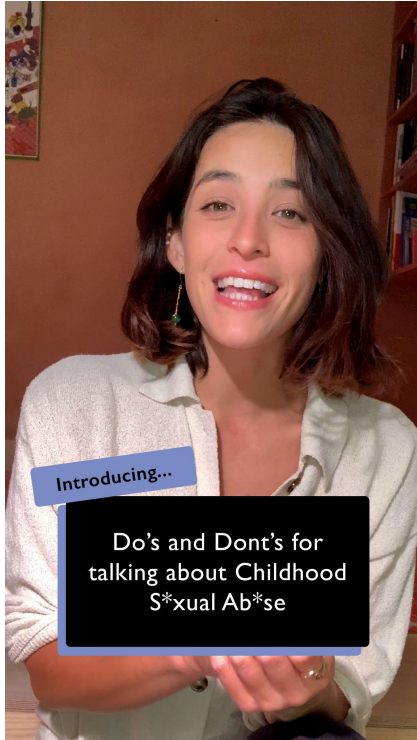


Im a CSA survivor ...

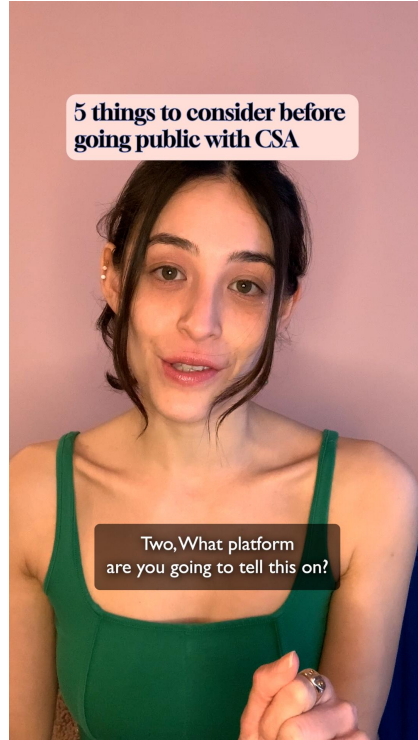


Dos and Donts p14: Talk t...

Series I released:



14/14
uploaded



2/5
uploaded



10/30
uploaded

Trolling:

I got trolled **6** times ...

3

Trauma
Bashers

2

About my
appearance

1

Sexual in
nature

Troller of the year:

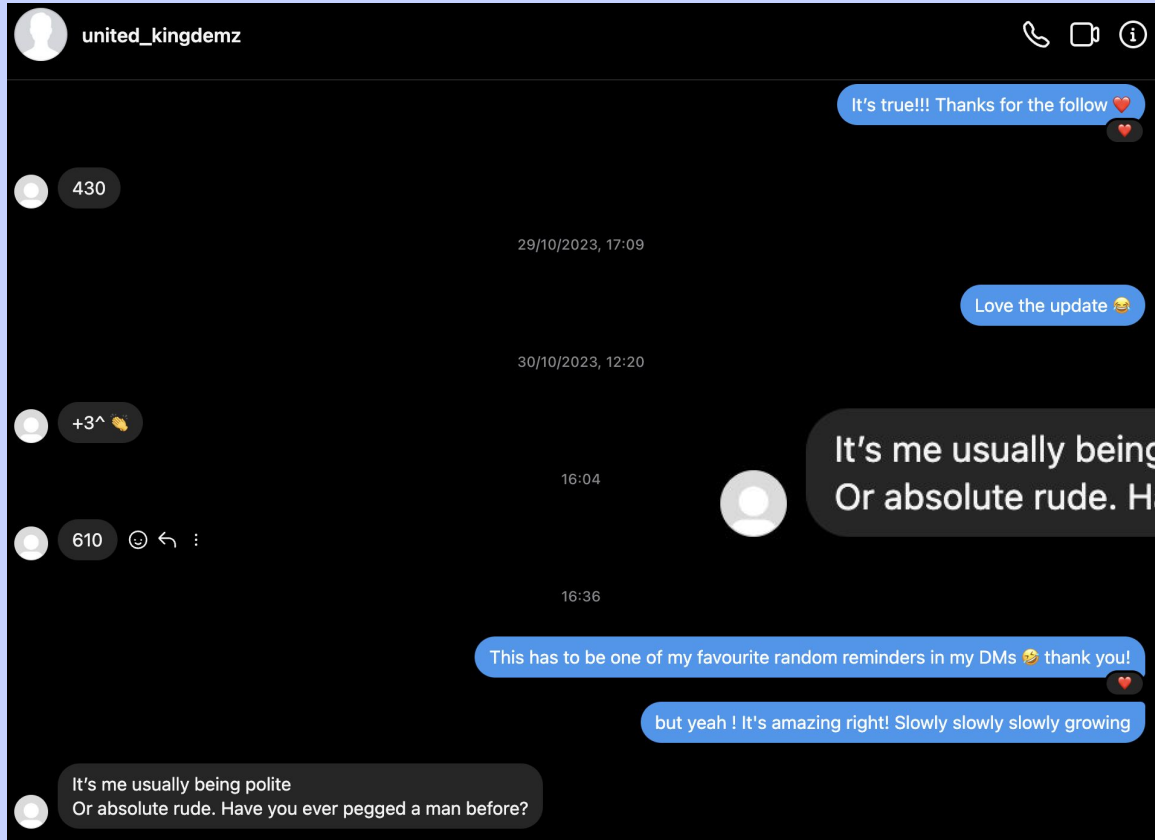


Cameron Cunningham commented:
"Tion Medon IRL"

3 weeks ago



Special mention:



It's me usually being polite
Or absolute rude. Have you ever pegged a man before?

Positive DMs:

I received **57** direct messages of praise ...

37

Affirmations

8

Sharing things
they learned
from me

12

Conversations
they'd had
because of my
work

Positive message of the year:

AMAZING SELF. BECAUSE OF YOU
I...

- SPOKE TO OTHER VICTIMS
- MADE A FORMAL REPORT
- HAD IT ESCALATED TO THE POLICE,
PROTECTIVE SERVICES, AND JUDICIAL
SERVICES
- HAVE CAUSED A FULL INVESTIGATION
TO START.

WITHOUT YOU, I WOULD ALWAYS HAVE STEWED
AND WONDERED, BUT NEVER KNOWN IF I
SHOULD ACT.

Special mention:

Hey Sophia. Just wanted to say how incredible you are and that your podcasts are so insightful and giving hope to me and my family who are unfortunately/but fortunately experiencing a disclosure at the moment. We've all been listening and just wanted to thank you for sharing your experiences in such a helpful way.

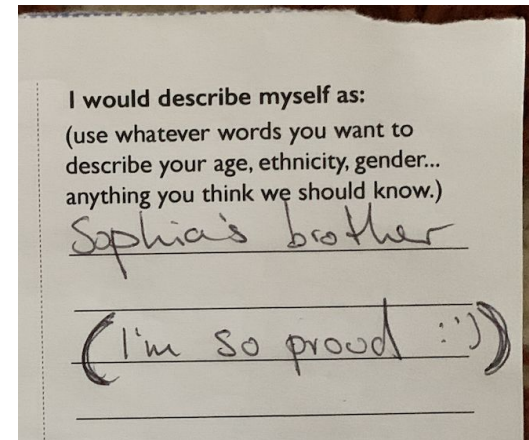
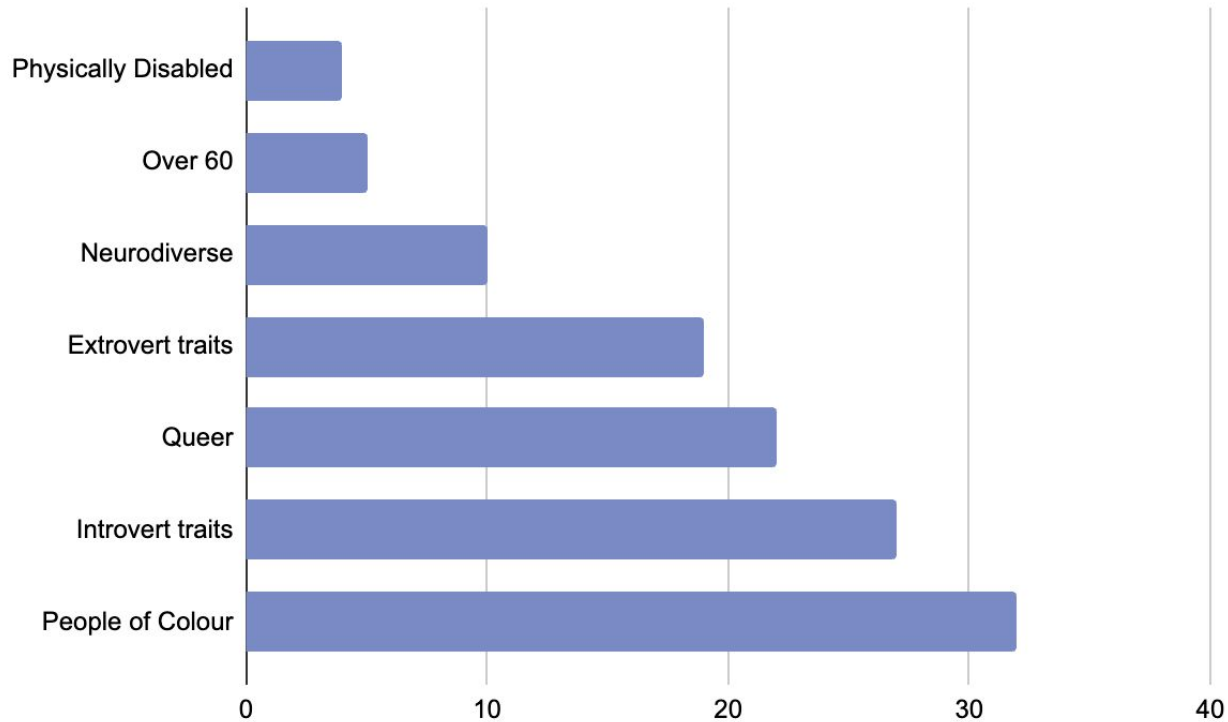


Listening Clubs

Listening Club Locations...



Who came to the listening clubs?



Meals offered at Listening Club:

1

Pizza

3

**Chickpea
curries**



Time and Money

£5,796 Funding from...



£2,000



£1,268.86



£1,000

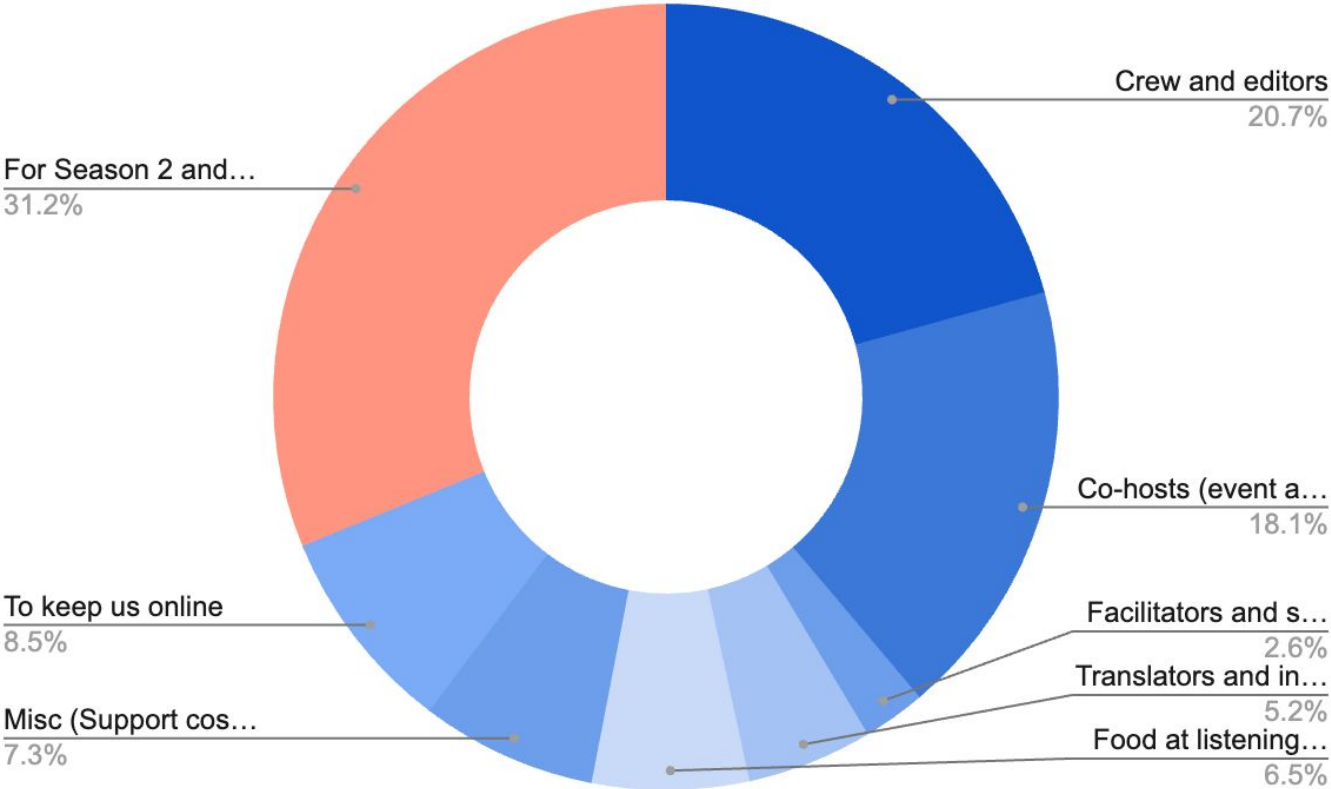


£1,000

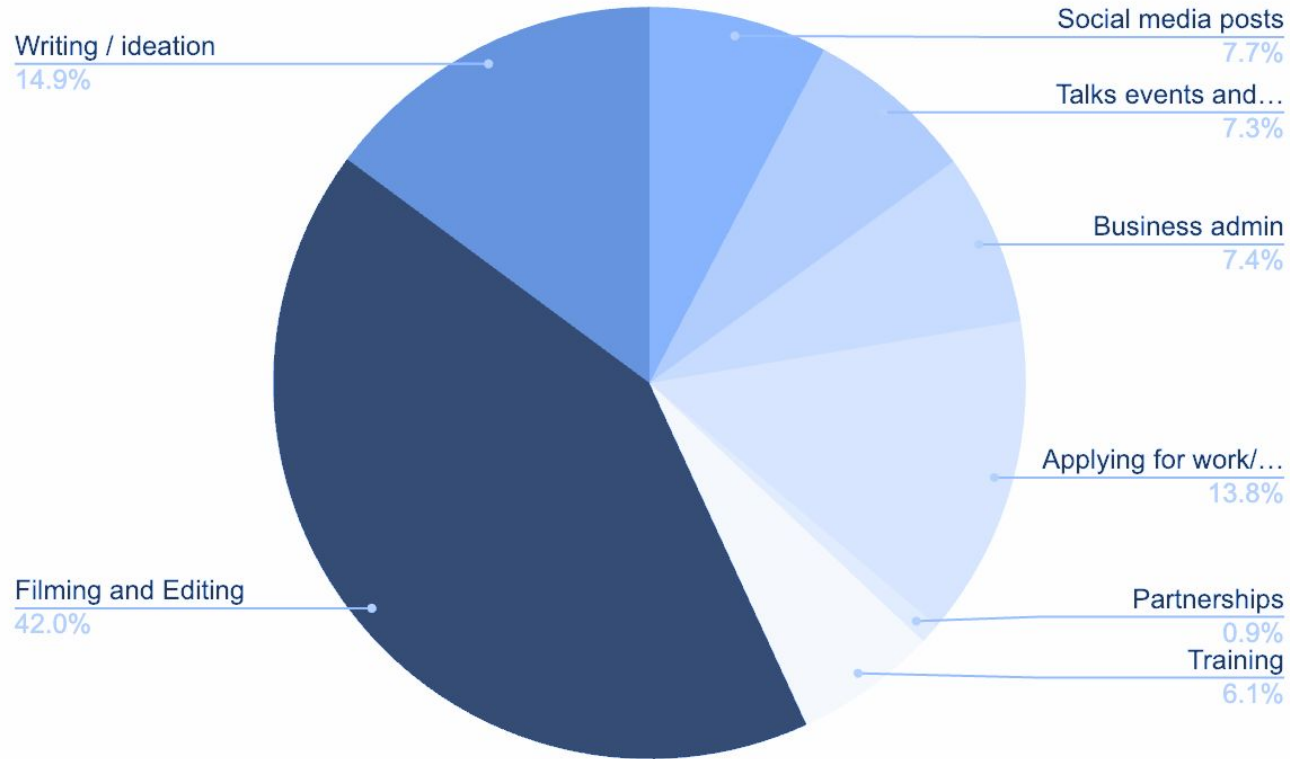


£528

How I spent the money...



I worked **704.9** hours



How much I earned...

704.9 hours = 100.7 days this year

I got paid **£100** by the CSA centre for attending a meeting

I got paid **£100** by Shape History for doing a talk

I paid myself **£200** for all the listening club work

In total I earned **0.56p/hour**

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Even if I worked 7 hours a day,
every day of the year, I would
earn **£1,098.65** a year.

That's less than I spend a month
on bills alone.



My Mood

My mood throughout the year...



Goals for next year:

No more unpaid speaking events

Reach 1k followers on Instagram and Tiktok

Grow consultancy offering

Take up more public space!

Good news for next year:

£5k

Enjoolata
Foundation

x2

Official
partnerships with
Platf9m & CSA
Centre

x1

Speaking at
Oxford