

### Navigating Childhood Sexual Abuse Holistically

Survivors, Systems and Serious Joy

Sophia Luu
Founder & Director, Secrets Worth Sharing

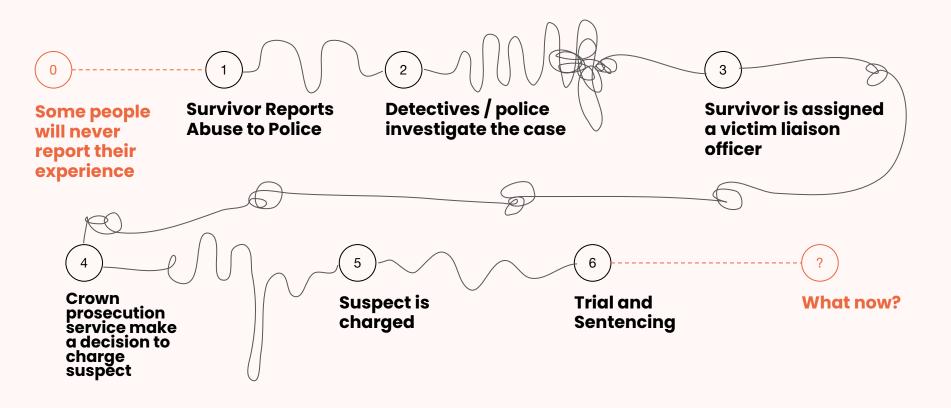
### Before we start...

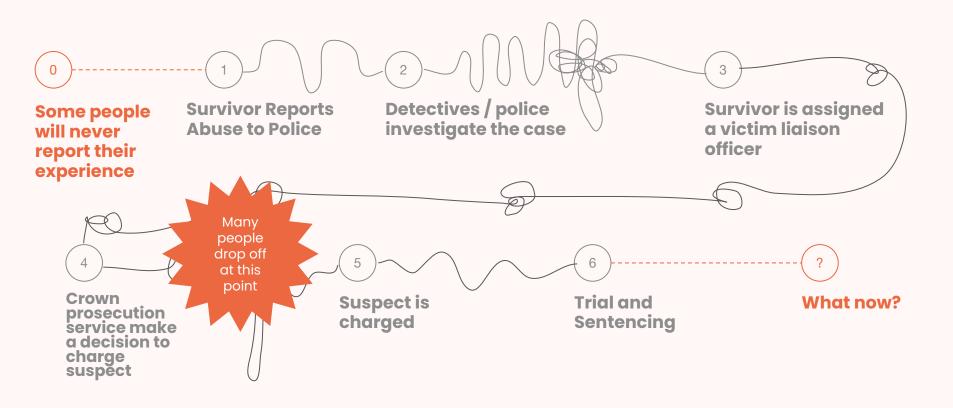
I won't be going into graphic details 02 Be mindful of others 03 You can leave at anytime 04 Any question is welcome 05 Mental health first aid available 06 'Survivors' is a controversial term

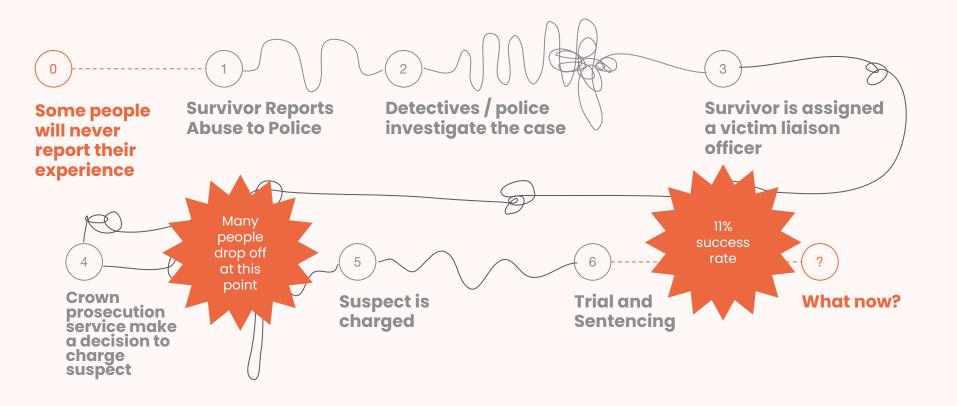
# Understanding the flaws in current survivor services

### Reporting CSA: How it's supposed to go











### This not only affects survivors...

## £4.4 billion

lost in the labour market every year due to childhood sexual abuse.

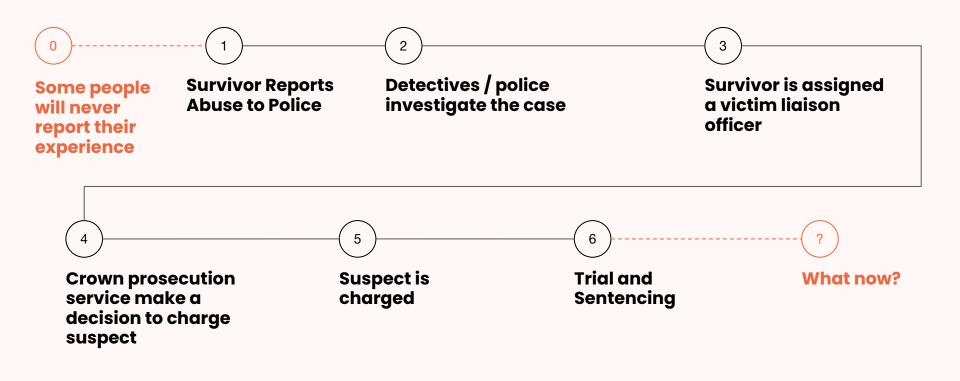
77%

Of local authorities do not provide dedicated support to children who have experienced sexual abuse, or their non-abusing family members. **70%** 

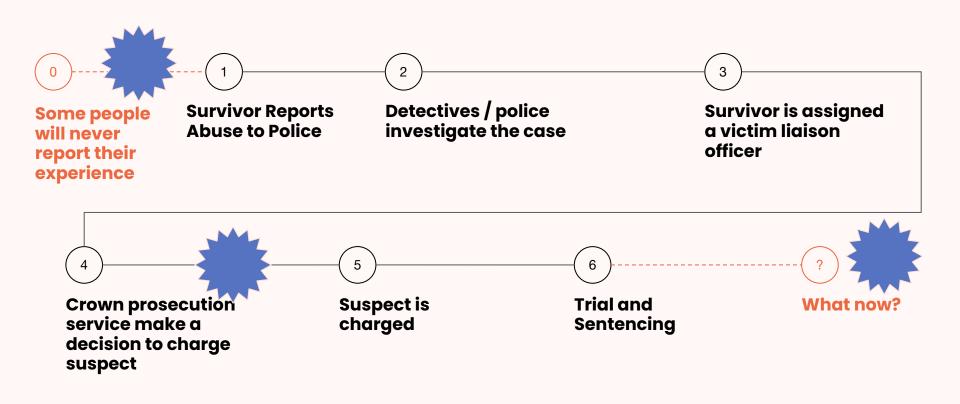
of individuals
(families,
healthcare, social
services) express
a **need for clearer guidelines** on how
to handle CSA
disclosures

# How does this affect the psychotherapy space?

## Fear of talking about CSA = inadequate training









Crown prosecution service make a decision to charge suspect

Suspect is charged

Trial and Sentencing

What now?

\*Most of this data is skewed towards white middle class women

## Join us?

#### I'm looking for:

- Investment
- Teaching opportunities
- Testing Sessions
- Research partners



www.secretsworthsharing.com sophia@secretsworthsharing.com @secretsworthsharing\_







